

**Medical Conditions:** (Circle all that apply to you)

- |              |                     |               |               |
|--------------|---------------------|---------------|---------------|
| Arthritis    | Cancer              | Diabetes      | Heart Disease |
| Hypertension | Psychiatric Illness | Skin Disorder | Stroke        |
| Osteoporosis | Fibromyalgia        | Asthma        | Other _____   |

**Surgeries:** (Circle all that apply to you)

- |                     |                          |                |              |
|---------------------|--------------------------|----------------|--------------|
| Appendectomy        | Cardiovascular procedure | Cervical spine | Hysterectomy |
| Joint Replacement   | Prostate                 | Lumbar spine   | Gall Bladder |
| Brain               | Shoulder                 | Thoracic spine | Knee         |
| Carpal Tunnel       | Gastro-intestinal        | Bladder/Kidney | Hernia       |
| Breast Augmentation | Wisdom Teeth/Oral        | Other _____    |              |

**Allergies:** (Circle all that apply to you)

- |                |          |                 |             |                  |
|----------------|----------|-----------------|-------------|------------------|
| Mold           | Seasonal | Milk or Lactose | Latex       | Nuts (All types) |
| Chemical _____ |          | Wheat/Glutens   | Other _____ |                  |

**Social History:** (Circle all that apply to you)

- |                |                 |                    |          |
|----------------|-----------------|--------------------|----------|
| Caffeine use:  | occasional      | often              | never    |
| Drink Alcohol: | occasional      | often              | never    |
| Exercise:      | occasional      | often              | never    |
| Cigarettes:    | <1 pack/day     | >1 pack/day        | never    |
| Sleep:         | 4-6 hours/night | 7-more hours/night | Insomnia |
| Other _____    |                 |                    |          |

**Family History:** (Circle all that apply)

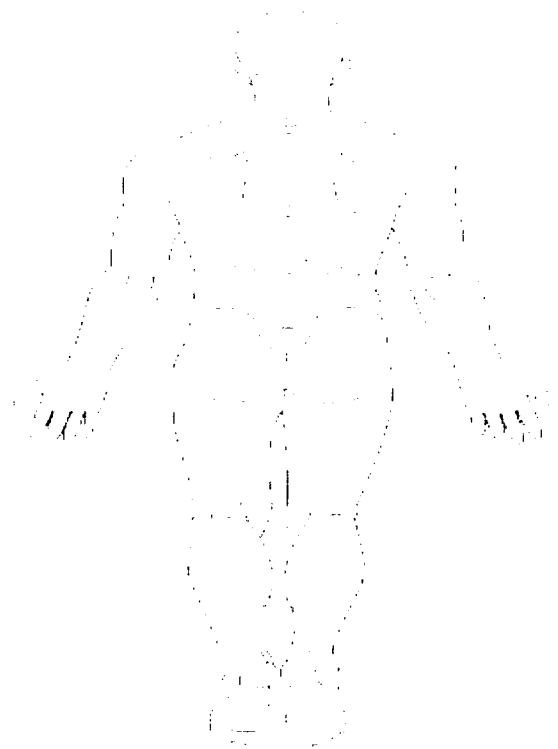
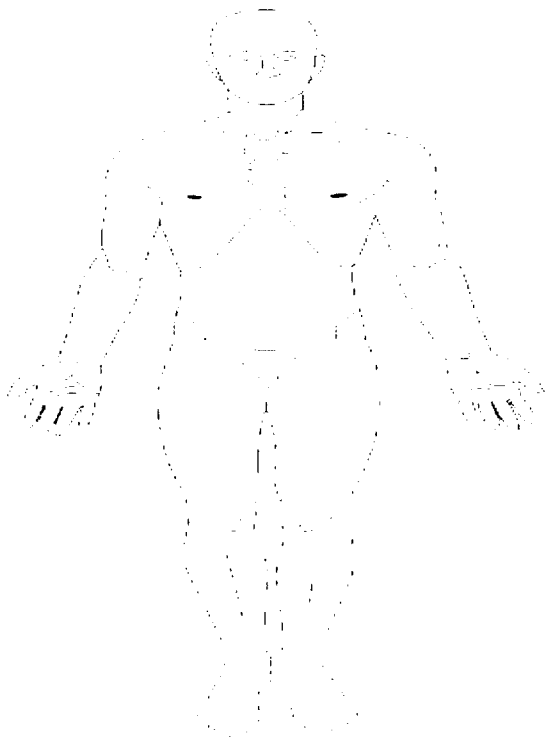
- |               |        |         |
|---------------|--------|---------|
| Arthritis:    | Parent | Sibling |
| Cancer:       | Parent | Sibling |
| Diabetes:     | Parent | Sibling |
| Heart Disease | Parent | Sibling |
| Hypertension  | Parent | Sibling |
| Stroke        | Parent | Sibling |
| Thyroid       | Parent | Sibling |
| Other _____   |        |         |

Patient Name \_\_\_\_\_ Date \_\_\_\_\_

Patient Name \_\_\_\_\_ Date \_\_\_\_\_

Using the key below, indicate on the body diagram where you are experiencing the following symptoms:

**N=Numbness**                      **B=Burning**                      **S=Sharp**                      **T=Tingling**                      **A=Dull Ache**  
*Right*                      *Left*                      *Right*                      *Left*                      *Right*



*Left*

**Average Pain Intensity:**

Last 24 hours: no pain 0 1 2 3 4 5 6 7 8 9 10 worst pain  
 Past week: no pain 0 1 2 3 4 5 6 7 8 9 10 worst pain

**When did your symptoms begin?** \_\_\_\_\_

**What improves your symptoms?** \_\_\_\_\_

**Are your symptoms a result of:** Motor Vehicle Accident      Work related Accident      Other \_\_\_\_\_

**How did your symptoms begin?** \_\_\_\_\_

**How often do you experience your symptoms?**

Constantly (76-100% of the day)      Frequently (51-75% of the day)      Occasionally (26-50% of the day)      Intermittently (0-25% of the day)

**What describes the nature of your symptoms?**

Sharp                      Ache                      Numb                      Shooting  
 Burning                      Tingling                      Throbbing                      Other \_\_\_\_\_